

LET'S DIVE IN

STARTERS

Garlic Pizza Bread 438 kcal

Sharer 876 kcal

Add: Mozzarella 174 kcal **1.00**

Add: Vegan mozzarella 90 kcal **1.00**

Ask to swap to GF dough

8.99

6.99

8.79

Giant Mozzarella Stick

Fried breaded mozzarella cheese served with a side of house marinara sauce 331 kcal

8.49

Crispy Cauli Bites

Tasty bites of battered cauliflower, drizzled with spicy buffalo sauce and served with a creamy garlic & herb dip 647 kcal

7.99

Buttermilk Chicken Tenders

Choose your sauce:
Hickory Smoked BBQ 589 kcal
Frank's Hot Buffalo 534 kcal
Creamy Garlic & Herb 711 kcal
Frankie's Secret Sauce 696 kcal

9.79

★ Frankie's Classic Meatballs

A Frankie's classic since 1995. Our house recipe of pork, beef & herb meatballs tossed in a tomato & basil sauce & baked with mozzarella 364 kcal

Add: 'Nduja 155 kcal **2.49**

★

Wings & DIPS

A firm fan favourite and now available in new flavours and bigger sizes

Choose your size and one of 4 iconic flavours, all topped with crispy onions and guaranteed to get your tastebuds firing

Small

Medium

Large

8.49

10.29

12.79

CHOOSE YOUR FLAVOUR

MUSTARD & MAPLE

Small 600 kcal
Medium 955 kcal
Large 1279 kcal

GARLIC *Parut*

Small 713 kcal
Medium 1107 kcal
Large 1502 kcal

FRANK'S HOT BUFFALO

Small 519 kcal
Medium 807 kcal
Large 1096 kcal

HICKORY SMOKED BBQ

Small 573 kcal
Medium 890 kcal
Large 1206 kcal

ADD AN EXTRA DIP FOR 1.00

ALL DAY BRUNCH

Go Large Locals' Favourite Brunch

A big traditional English brunch with back bacon, pork sausages, fried eggs, black pudding, mushroom, baked beans, tomato & fries 1190 kcal

15.29

The Veggie Brunch

Quorn® vegan sausage, mushroom, roasted tomato, baked beans, smashed avocado, fried eggs & fries 710 kcal

13.99

PIZZA

10" hand-strechd, sourdough pizzas to be proud of

Margherita

Straight talking classic tomato & mozzarella 960 kcal

Make it vegan by swapping to vegan mozarella 843 kcal

Ask to swap to GF dough 929 kcal

13.99

Pepperoni

Tomato & mozzarella topped with a generous layer of pepperoni 956 kcal

Make it vegan by swapping to vegan mozarella & vegan chorizo 863 kcal

Ask to swap to GF dough 927 kcal

15.99

BBQ Chicken

Tender chicken and mozzarella with a hickory smoked BBQ sauce 1014 kcal

Ask to swap to GF dough 944 kcal

16.49

Spicy New Yorker

Step up the heat with Italian spicy 'Nduja, mozzarella, pepperoni and finished with fresh basil. A taste sensation! 1112 kcal

Ask to swap to GF dough 1082 kcal

17.29

Meat Medley

Crumbled pork, beef & herb meatballs, pepperoni, ham, mozzarella & roasted red peppers 1219 kcal

18.79

PERSONALISE YOUR PIZZA

Chicken 117 kcal **3.49**

'Nduja 155 kcal | Pepperoni 156 kcal | Ham 44 kcal **2.49**

Sweetcorn 16 kcal | Mushrooms 11 kcal **1.99**

Mozzarella 172 kcal | Vegan Mozzarella 126 kcal **1.00**

SALADS

Classic Caesar

Wedges of baby gem lettuce with Caesar dressing, croutons & grated Italian cheese 364 kcal

14.29

Cobb Salad

An American classic. Fresh salad leaves dressed with creamy garlic & herb dressing and topped with boiled egg, sweetcorn, roasted red peppers, avocado, cherry tomatoes & cucumber 439 kcal

14.49

SALAD TOPPERS

Chicken 182 kcal

3.49

Cajun Halloumi 296 kcal

3.49

PASTA

Let us transport you right to the heart of Little Italy

Arrabbiata

Spirali pasta served in a tomato & garlic sauce with roasted red pepper, red onion and a little kick of fresh chilli! 336 kcal

Add: Chicken 117 kcal **3.49**

Add: Bacon 81 kcal **2.49**

Ask to swap to GF fusilli 595 kcal

14.49

Bolognese

A rich, tender bolognese, slow cooked for maximum flavour & topped with Italian cheese. Simple & delicious 608 kcal

Ask to swap to GF fusilli 618 kcal

16.79

Classic Beef Lasagne

Proper Italian soul food. Layers of pasta with a rich, slow-simmered meat ragù. Bellissimo 609 kcal

16.99

Carbonara

Timeless Italian taste, NY style. Spaghetti in a creamy cheese & pancetta sauce with bacon 719 kcal

Add: Chicken 117 kcal **3.45**

Ask to swap to GF fusilli 996 kcal

16.99

Frankie's Spaghetti & Meatballs

A Frankie's classic since 1995. Our recipe of pork, beef & herb meatballs served in our signature bolognese sauce with spaghetti 951 kcal

Add: Garlic Bread 438 kcal **6.25**

18.79

WRAPS

All served with Skin-on Fries 333 kcal

Beef Brisket Wrap

Pulled beef brisket, BBQ sauce, lettuce, cheese, red onion & roasted peppers 628 kcal

13.99

Cajun Chicken Wrap

Buttermilk chicken tenders, lettuce, red onion, cheese & cajun mayo 800 kcal

13.79

Halloumi Wrap

Cajun spiced fried halloumi, smashed avocado, spicy sriracha, roasted peppers, lettuce & red onion 612 kcal

13.29

UPGRADE YOUR FRIES

Swap for Sweet Potato Fries 387 kcal

1.79

Bacon & Cheese Loaded Fries 778 kcal

3.49

Buffalo Chicken Loaded Fries 923 kcal

3.49

BBQ Brisket Loaded Fries 867 kcal

3.49

DESSERTS

New York Cheesecake

With salted caramel sauce OREO® cookie pieces & whipped cream 634 kcal

8.95

Chocolate Fudge Cake

A chocolate lovers dream. Layers of chocolate sponge & brownie pieces with a rich salted caramel fudge sauce and served with whipped cream 499 kcal

9.75

Ice Cream

Choose between:
2 Scoops **4.49** | 3 Scoops **5.49**

Choose from:
Vanilla 127 kcal p/s | Strawberry 129 kcal p/s | Chocolate 128 kcal p/s | Vegan Salted Caramel 119 kcal p/s

5.79

Ice Cream Shakes

Choose from:
Vanilla 717 kcal | Chocolate 679 kcal | Strawberry 726 kcal | Caramel Latte 809 kcal | Vegan Salted Caramel 509 kcal

5.79

Vegetarian Vegan

Made with ingredients that do not intentionally contain gluten

SIDES

Skin-on Fries 333 kcal

4.79

Sweet Potato Fries 387 kcal

6.29

Garlic Pizza Bread 438 kcal

Add: Mozzarella 174 kcal **1.00**

Add: Vegan mozzarella 90 kcal **1.00**

Ask to swap to GF dough

6.99

Onion Rings 534 kcal

5.49

Cajun Halloumi Fries 297 kcal

4.79

LOADED FRIES

Bacon & Cheese

with cheese sauce 778 kcal

8.29

Buffalo Chicken

with cheese sauce, creamy garlic & herb dressing, hot sauce & spring onions 923 kcal

8.79

BBQ Beef Brisket

with cheese sauce & spring onions 867 kcal

9.49

DIPS TO DIP, DUNK OR DRIZZLE!

Garlic & HERB RANCH

234 kcal

BLUE Cheese

215 kcal

Frankie's SECRET SAUCE

215 kcal

Hickory SMOKED BBQ

81 kcal

1.00 each

If you have any food allergies or intolerances please speak to a member of the team before you order, and ask to see our interactive allergen guide with the 14 legally defined allergens. We take every care to prevent cross-contamination but can't guarantee your dish will be free from allergenic ingredients as our food and drinks are prepared in busy kitchens where cross-contamination may occur. Menu descriptions don't list all ingredients, and recipes are subject to change. Adults need around 2000 kcal a day. For full allergen and nutritional information visit [menus.tenkites.com/frankies](https://www.tenkites.com/frankies). Prices stated are GBP and include VAT at the current rate. All major credit cards and currencies accepted. Gratuities are discretionary and distributed 100% to our team. We welcome your feedback - email: guestexperience@trgplc.com or post: trgc, 5-7 Marshalsea Road, London, SE1 1EP www.trgconcessions.co.uk | 0726

  @FRANKIENBENNYS

Frankie & Benny's

You know you are onto something good when you have been around for 30 years.
We've got a big heart and even bigger portions & when you're here, you're like family.

Some would say that's the Italian New Yorker in us. Inspired by the bustling neighbourhoods of the Big Apple . We believe food should make you smile. Want extra cheese? Extra tasty? Extra on the side? You got it.

Frankie & Benny's always has been, always will be, serving up great times with friends & family

COME HUNGRY. LEAVE HAPPY.

