

Choose a drink, main and dessert for 9.80

All our meals are served with a veggie pot of cherry tomato, cucumber and pepper sticks 💛



Look out for 🧡 to count your fruit & veg!

1. Drinks

Fruit Juices 🧡

Orange 81 kcal | Apple 83 kcal | Cranberry[^] 129 kcal | Pineapple 109 kcal **Get fizzy! Add a dash of sparkling water**

Fruity Kids' Softails

Fruity Sunrise Orange juice, apple juice and grenadine *57 kcal*

Apple Twilight 🧡 Apple juice and blackcurrant 53 kcal

Tutti Sunset Orange juice, raspberry syrup, grenadine and lemonade *50 kcal*

Mineral Water Still | Sparkling 0 kcal

Soft Drinks

Squash Blackcurrant 4 kcal | Orange 3 kcal

Bambinoccino 47 kcal

Milk

Plain 109 kcal | Oat 127 kcal 🚾

Or choose for 2.20

Innocent Bubbles Sparkling Apple & Berry 🎔 96 kcal

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2. Mains

Crispy Battered Fish Goujons[†] Served with beans and fries 487 kcal

Crispy Chicken Nuggets Served with beans and fries 564 kcal

Vegan Nuggets Served with beans and fries 582 kcal

Piccolo Pasta Bolognese Bolognese sauce with spirali pasta, served with carrot and courgette spirals and corn on the cob With veggies 356 kcal | No veggies 342 kcal

Piccolo Pasta Napoletana W V Napoletana tomato sauce with spirali pasta, served with carrot and courgette spirals and corn on the cob With veggies 250 kcal | No veggies 236 kcal

Pasta & Meatballs 🤜

Delicious pork & beef meatballs with spirali pasta, served with courgette and carrot spirals and corn on the cob With veggies 722 kcal | No veggies 708 kcal

Mac 'n' Cheese (v) With broccolini and roasted red pepper 358 kcal

Kids Burger Served in a wholemeal bun with lettuce and ketchup and fries Choose from: 4oz* Beef 667 kcal | Chicken 457 kcal Add cheese for free +59 kcal

Mini Baked Salmon[†] Served with broccolini and mashed potato 423 kcal

Vegan Pizza 🚾 🧡

Made with vegan mozzarella and served with corn on the cob 426 kcal **Choose two toppings:** Mushroom 2 kcal | Red Pepper 13 kcal | Courgette 8 kcal | Broccolini 28 kcal | Cherry Tomato 9 kcal | Sweetcorn 19 kcal

Cheesy Tomato Pizza (V) Served with corn on the cob 418 kcal Choose two toppings: Pepperoni 78 kcal | Red Pepper 13 kcal (V) | Chicken 35 kcal | Ham 22 kcal | Mushroom 2 kcal (V) | Courgette 8 kcal (V) | Broccolini 28 kcal (V) | Sweetcorn 19 kcal (V) | Cherry Tomato 9 kcal (V)

Mini Chicken Breast Served with broccolini and mashed potato 269 kcal

3. Desserts

Chocolate Brownie (V) With chocolate sauce and ice cream 414 kcal

Fruit Pot With Choco Dip 💛 🥶 Fresh fruit pieces with chocolate dipping sauce 167 kcal

Ice Cream 🔤 文

Do it yourself! Two scoops of ice cream with fresh fruit to decorate. *Choose from:* Vanilla 181 kcal | Strawberry 183 kcal | Chocolate 186 kcal | Vegan Choc-Chip 241 kcal 🐨

Available for children up to the age of 11 years. Contains a minimum of 50g of fruit or vegetables, or 150ml pure juice. These dishes are made from ingredients that do not contain meat or fish. These dishes are not made with any animal products. However, we do not have a dedicated area in our kitchen for vegetarian or vegan food. All weights are approximate before cooking. 10z = 28g uncooked weight. This may contain small bones. 'Cranberry juice drink. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. Allergies: we follow strict hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. Speak to a member of staff if you have any food allergies or intolerance. Full allergen information can be found at www.restaurantallergens.com/frankies. Service charge is at your discretion. However, an optional 10% will be added to the bill for parties of ten or more people, which will be passed directly to your server. Frankie & Benny's, 5-7 Marshalsea Road, Borough, London SEITEP - FB_CONC_KIDS_0424



