

# Kids menu

## Breakfast

Choose a drink and breakfast for 6.10



5 a day

Look out for to count your fruit & veg!

## 1. Drinks

### Fruit Juices

Orange 107 kcal | Apple 107 kcal | Cranberry<sup>A</sup> 57 kcal | Pineapple 124 kcal

Get fizzy!

Add a dash of sparkling water

### Fruity Kids' Softails

#### Fruity Sunrise

Orange juice, apple juice and grenadine 70 kcal

#### Apple Twilight

Apple juice and blackcurrant 65 kcal

#### Tutti Sunset

Orange juice, raspberry syrup, grenadine and lemonade 57 kcal

### Mineral Water

Still | Sparkling 0 kcal

### Soft Drinks

#### Squash

Blackcurrant 4 kcal | Orange 3 kcal

### Milk

Plain 109 kcal | Oat 138 kcal

Or choose for 2.20

Innocent Bubbles Sparkling

Apple & Berry 96 kcal



## 2. Breakfast

### Kid's Breakfast

Choose four items from:

Fried egg 150 kcal | Scrambled egg 262 kcal |

Sausage 168 kcal | Vegan sausage 105 kcal |

Rasher of bacon 86 kcal | Button mushrooms 11 kcal |

Baked beans 41 kcal | Roasted tomato 7 kcal |

Cubed potatoes 193 kcal | White toast & butter 168 kcal |

Brown toast & butter 177 kcal

### Fruit Salad

A mix of fresh seasonal fruits 130 kcal

### Beans on Toast

Choose brown 290 kcal or white toast 281 kcal

### Pancakes

Topped with: Chocolate & banana 252 kcal |

Bacon & Maple flavour syrup 396 kcal



Contains a minimum of 50g of fruit or vegetables, or 150ml pure juice. These dishes are made from ingredients that do not contain meat or fish. These dishes are not made with any animal products. However we do not have a dedicated area in our kitchen for vegetarian or vegan food. <sup>A</sup>Cranberry juice drink. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. Allergies: we follow strict hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. Speak to a member of staff if you have any food allergies or intolerance. Full allergen information can be found at [www.restaurantallergens.com/frankies](http://www.restaurantallergens.com/frankies). Service is at your discretion. Any tips will be passed directly to your server. TRG Concessions, 5-7 Marshalsea Road, Borough, London SE1 1EP. Email: [concessions@trgplc.com](mailto:concessions@trgplc.com) Website: [www.trgconcessions.co.uk](http://www.trgconcessions.co.uk) - FB\_CONC\_KIDS\_1023

Frankie & Benny's  
Real good comfort food

