

## Savoury

### Classics


Start the day with our Breakfast Stacker or go Traditional

#### Traditional 10.60

Sausage, bacon, fried eggs, tomato, mushrooms, baked beans & crispy herbed potatoes (926 kcal)

#### Veggie 11.00



Vegan sausage, mushrooms, roasted tomato, baked beans, smashed avocado, two fried eggs, potato tots & toast (876 kcal)

**Make it vegan** by swapping your eggs for scrambled tofu (791 kcal) 

#### The Big One 13.60

Two sausages, three rashers of bacon, black pudding, two fried eggs, tomato, mushrooms, baked beans, potato tots & crispy herbed potatoes (1493 kcal)

#### Breakfast Bap 8.60

Served in a soft white bun  
**Choose from:** Bacon (609 kcal)  
Sausage (655 kcal)  
Egg (561 kcal)   
Vegan sausage (533 kcal)   
**Double your filling** 2.00

#### Breakfast Wrap 7.20


Flour tortilla filled with cheese, sausage, bacon, potato tots, fried egg & chilli sauce (954 kcal)

#### Beef Brisket Hash 8.60

Potato tots loaded with beef brisket, fried onions, topped with fried eggs, red chilli sauce & parsley (556 kcal)

#### Mushroom & Cherry Tomato Hash 7.40

Potato tots loaded with mushroom, cherry tomatoes, fried onions, topped with fried eggs, red chilli sauce & parsley (508 kcal)

**Make it vegan** by swapping your eggs for scrambled tofu (423 kcal) 

#### Breakfast Stacker 12.60

Ciabatta filled with sausages, bacon, potato tots, cheese, fried egg & ketchup. Served with crispy herbed potatoes (1467 kcal)

### Eggs

#### Scrambled Eggs & Toast 9.00

(593 kcal) 

**Add:** Smashed avocado (+98 kcal) 3.40

**Ask about making it gluten free and switch out the toast for gluten free toast** 

#### Poached Eggs & Smashed Avo 9.20

Toasted muffin topped with smashed avocado & poached eggs (452 kcal)

**Add:** Bacon (+172 kcal) 2.00

#### Eggs Benedict 9.40

Toasted muffin, two poached eggs & hollandaise sauce

**Choose from:** Ham (567 kcal)

Bacon (642 kcal)

Mushroom (468 kcal) 



## Sweet


Prefer something sweet?

Try our Waffles or go flippin' crazy for our pancakes

#### Buttermilk Pancakes

**Choose topping:**

Chocolate & Banana (530 kcal)  8.60

Maple Flavour Syrup (511 kcal)  7.80

Bacon & Maple Flavour 8.60

Syrup (631 kcal)

#### Porridge 5.40

**Choose from:** Banana (335 kcal) |

Maple Flavour Syrup (354 kcal) |

Strawberries (342 kcal)

#### Waffles

**Choose topping:**

Chocolate & Banana (625 kcal)  8.60

Maple Flavour Syrup (606 kcal)  7.80

Bacon & Maple Flavour 8.60

Syrup (725 kcal)

#### Chicken & Waffle with Maple Flavour Syrup 8.60

(946 kcal)

## Hot Drinks

Cappuccino (189 kcal) 3.90

Caffe Latte (193 kcal) 3.90

Flat White (97 kcal) 3.90

Americano (13 kcal) 3.60

Espresso (1 kcal) 3.00

Macchiato (5 kcal) 3.00

Mocha (253 kcal) 4.20

Hot Chocolate (293 kcal) 4.20

Breakfast Tea (0 kcal) 3.40

Earl Grey Tea (0 kcal) 3.60

Fruit & Herbal Tea (0 kcal) 3.60

**Ask your server for today's choices**

Liqueur Coffee 6.50

**Ask your server for liqueur choice**

Extra shot of espresso 0.60

Syrup 0.60

**Choose from:**

Gingerbread (+86kcal) |

Vanilla (+84 kcal) | Caramel (+81 kcal)

## Fruit Juices

#### Fruit Juices

Regular Glass 4.00

Large Glass 5.00

**Choose from:**

Orange (147/217 kcal)

Apple (150/222 kcal)




Pineapple (163/242 kcal)

Cranberry juice drink\* (194/287 kcal)

Passion fruit (181/267 kcal)

#### Big Tom Spicy Tomato Juice 3.20

250ml (45 kcal)

 These dishes are made from ingredients that do not contain meat or fish.  These dishes are not made with any animal products.  These dishes can be made without gluten. However we do not have a dedicated preparation or cooking area for vegetarian, vegan and gluten free food. Gluten-free means foods that do not contain gluten as an ingredient. \*All weights are approximate before cooking. 1oz = 28g uncooked weight. Fish may contain bones. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. Allergies: we follow strict hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. Speak to a member of staff if you have any food allergies or intolerance. Full allergen information relating to our menu items can be found at [www.restaurantallergens.com/frankies](http://www.restaurantallergens.com/frankies). Service charge is at your discretion, however an optional 10% will be added to the bill for parties of ten or more people, which will be passed directly to your server. Please check with your server as due to differing licensing laws, we may be unable to serve alcoholic drinks at all times/locations. As a result of the changes to VAT in restaurants and pubs, our menu includes items with a range of VAT rates. Not all ingredients are listed in descriptions. Frankie & Benny's, 5-7 Marshalsea Road, Borough, London SE1 1EP - **FB\_CONC\_ENG\_BREAKFAST\_0424**

## Bakery

#### Toast 3.40

Choose from:

Flora (368 kcal)

Butter (393 kcal)

#### Gluten Free Toast & Butter (362 kcal) 3.40

#### Toasted Breakfast Muffin 3.40

(350 kcal)

#### Croissant & Butter (501 kcal) 3.40

#### Pain au Chocolat (386 kcal) 3.60

#### Add a tasty preserve (67 kcal) 1.00

Ask your server for today's selection

## Cocktails

#### Bloody Mary 10.00

Vodka, tomato juice, hot sauce and Worcestershire sauce with salt & black pepper, lemon juice and a stick of celery

#### Mimosa 9.80

Prosecco topped with fresh orange juice

*Frankie & Benny's*  
**BREAKFAST**